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"In order to achieve positive results, one must work for them, not hope for them" – Bob Knight

Tribe Hoops Newsletter

VOLUME 1, ISSUE 1

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Coach's Corner

Greetings Fullerton High School basketball families, alumni, and community. I would like to welcome you to a new season and era of Tribe Basketball. My staff and I are dedicated to creating a culture of dedication, competition, family, and winning here at Fullerton High School. We understand how much potential Fullerton High has and what a special place this is with its rooted history in our community and all of the successful alumni who have left their legacy in the walls of FUHS.

Our players and coaches have been hard at work since I took over as the head coach this past June. Every minute spent in practice, weight room, and film sessions is ever crucial to our growth and development. We

have already seen growth and progress in our players and teams. As we go through this transition, we are continually focusing on the process and things we can control on a daily basis.

We have some great kids in our program. Many of them are high achievers in the classroom, leaders on the FUHS campus, and spend time volunteering in our community. Our staff is looking forward to working with these young men and helping them grow into leaders in our community.

I am honored to be part of the Fullerton community and am dedicated to building something special here at our school and basketball program. Our goal is

to send this newsletter out 3-4 times during the season. In this edition you will meet our staff & players and read a bit about how each team is doing thus far. Hope to see you at a game this season.

Yours in Tribe Hoops,

Erik Kamrath



Mission Statement

Our mission in the Fullerton Boys Basketball Program is to create an environment that will allow our student athletes to grow as a team, as players, and most importantly as people. Success on and off the floor is a result of establishing a mentality that we can achieve more together if we use our individual talents to help one another.

2019-2020 Varsity Coaching Staff

Weekly Recap

- The Fullerton Boys Varsity basketball team lost their season opener on Wednesday night to Palm Springs, 59-41. Ronnie Murillo led the Indians with 21 points.
- The Fullerton Boys Varsity Basketball team lost their game against Valencia, 71-44. Ronnie Murillo led all Indians with 14 points.
- The Fullerton Indians dropped all four of their games in the Thanksgiving Week tournament. They suffered losses to Schurr, Glendora, Pomona, and Southlands Christian.

Looking Ahead:

The Indians will be back in action from December 2 to the 7th in the Godinez Tournament.

Erik Kamrath

Head Coach

Coach Kamrath is a Physical Education teacher and Head Basketball Coach at Fullerton Union High School. Coach Kamrath emphasizes the importance of work ethic, respect, discipline, passion, trust, and a team first mindset in his basketball program. His coaching staff is dedicated to teaching student athletes in the program life lessons through the game of basketball. They believe that success on and off the basketball court is a product of focusing on coaching attitude and effort.

GO TRIBE!!

Josh Siemens

Varsity Assistant

Josh is now entering his 5th year coaching at the high school level, and 1st year on a varsity staff. He began his coaching career at La Mirada High School as a JV assistant for two years before relocating to Fresno and becoming a head JV coach for a year at Sanger High School. After moving back to the area, Josh was hired as a teacher here at Fullerton Union High School and coached the sophomore team last year.

Roster

Name	Number	Grad	Height	Weight	Position
Josiah Yousling	0	11	5'11"	155	G
Kenneth Chang	1	11	5'10"	165	PG
Dylan Stevens	2	12	6'0"	135	F
Christian Hubbard	3	9	5'10"	130	PG
Mason Mustafa	10	12	6'5"	165	F
Nathaniel Owens	11	11	6'2"	160	G
Jonas Hanson	12	9	6'2"	175	G
Michael Kerr	13	12	6'1"	175	G/F
Max Zuniga	15	12	6'6"	190	F
Troy Fregoso	20	11	5'8"	175	F
Brandon Reveles	21	12	6'1"	175	G/F
Ronnie Murrillo	23	12	5'8"	155	G
Gabe Saada	24	12	6'3"	170	F

2019-2020 Junior Varsity Coaching Staff



Leon Palmisano

JV Head Coach

Coach Leon has been teaching at Fullerton Union High School for the last 18 years. During his time at FUHS, he has coached basketball, tennis and baseball for 17 of those years. He was the head tennis coach and was very successful, with players winning 5 league titles in the 4 years of coaching both the boys and girls tennis teams. For the last 14 years, he has helped to run the Joseph Palmisano Memorial Basketball clinic to raise tuition money for underprivileged students at his childhood church in Ventura. He is excited to help Coach Kamrath and assist the student athletes.

Roster

Name	Number	Grade	Height	Weight	Position
Jacob Ramirez	2	11	5'8"	130	PG
Subin Kim	4	11	6'0"	160	G
Alexis Ramirez	5	10	5'8"	140	G
Zeeke Yousling	11	10	5'8"	110	G
Ben Lee	22	11	6'0"	220	F
Jonas Hanson	24	9	6'2"	175	G
Alex Carbajal	25	11	6'3"	165	F
Connor Flynn	32	11	6'1"	175	F
Zane Mustafa	34	10	6'3"	155	F

JV Recap

The JV team suffered back to back loses at the hands of Palm Springs High School and Valencia High School. Both loses were close, but the Tribe were unable to come out with a win. They were back in action at Newport Harbor High School, where they suffered another close road loss 53-50. The Indians will take on the Brea Wildcats Wednesday, December 11.

2019-2020 Sophomore Coaching Staff

Tracy Nannie

Sophomore Head Coach

Tracy Nannie (Coach Trey) is extremely proud to have helped usher many young men and women into not only successful athletic endeavors, but also positive prospects in their lives off the court. He is extremely humbled, proud, and excited to share and learn experiences with this coaching staff that may motivate tomorrow's leaders.

Sophomore Roster

Name	Number	Grade	Height	Weight	Position
Jeremy Maritnez	1	10	5'10"	130	G
Sal Arizaga	3	10	5'11"	115	G
Jayden Blunt	12	10	5'6"	115	G
Kyle Chang	14	10	5'6"	125	G
Ambrose Elomina	15	10	5'8"	110	G
Engelbert Taruc	20	10	5'8"	130	F
Charles Elomina	21	10	5'7"	115	G
Liam Dunagan	30	10	6'0"	145	F
Harley Hall	31	10	5'10"	160	G
Mason Abouloso	35	10	5'9"	130	F

Sophomore Recap

The Sophomore team kicked off their season playing in a tournament at Valencia High School. After an opening game loss, they bounced back with a dominant win over Brea Olinda High School. The sophomores ended the tournament with a 1-2 record, after a loss on the final day. They were back in action against Newport Harbor High School, suffering a 73-37 loss. The sophomores will take on Troy High School January 7.

2019-2020 Freshmen Coaching Staff



Sam Jones

Freshmen Head Coach

Sam is entering his first year of coaching, but spent the last four years as a team manager for the CSUF men's basketball team and coach Dedrique Taylor's coaching staff. He is extremely excited about the opportunity to enter the coaching world and learn from Coach Kamrath.

Freshmen Roster

Name	Number	Grade	Height	Weight	Position
James Bailey	1	9	5'11"	140	G
Holden Anderson	2	9	5'10"	145	G
Mason Uhm	4	9	5'9"	125	PG
Ethan Kim	10	9	5'4"	115	PG
Chase Rocha	11	9	5'5"	115	G
Emmett Young	12	9	5'10"	115	G
Keith Roberts	20	9	5'11"	140	F
Josh Balarie	21	9	5'11"	155	F
Joshua Welch	22	9	5'7"	110	G
Nathan Del Cruz	23	9	5'10"	150	F
Josiah Reed	24	9	5'9"	140	G
Jude Smith	32	9	6'0"	130	G/F
Zahnder Jensen	34	9	5'9"	140	F
Max Quintana	44	9	5'11"	160	F

Freshmen Recap

The Freshmen team won both of their games this week. They opened with a three point win at Palm Springs High School. They followed that with another road win on Friday at Valencia High School. Zahnder Jensen led the way in Friday's victory with 16 points. The freshmen took second place in their Thanksgiving Day tournament, finishing with a 3-1 record. Josiah Reed was named to the all-tournament team. They will play in the Battle at Bolsa Grande tournament during the first week of December.

Preseason Schedule

Day	Date	Opponent	Location	Level(s)	Time
Wed	11/13/19	Santa Ana	Santa Ana	FR/JV/V	3:30/5/6:30
Mon-Thurs	11/18-	TBD	Valencia Tourney	Soph	TBD
Wed	11/20/2019	Palm Springs	Palm Springs	Fr/JV/Var	3:30/5/6:30
Friday	11/22/2019	Valencia	Valencia	FR/JV/V	3/4:30/6
Mon-Sat	11/25-30/19	TBD	El Monte Tourney	V/Fr	TBD
Tues	11/26/19	Newport Harbor	Newport Harbor	Soph/JV	4/5:30
Mon-Sat	12/2-7/2019	TBD	Godinez Tourney	V	TBD
Monday	12/2-7/2019	TBD	Bolsa Grande Tourney	FR	TBD
Wed	12/11/19	Brea	Brea	Frosh/JV	2:30/4:00
Friday	12/13/19	Godinez	Godinez	Fr/JV/Var	3/4:30/6
Thurs-Mon	12/26-30/19	TBD	El Dorado Tournament	JV	TBD
Thurs-Mon	12/26-30/19	TBD	El Dorado Tournament	Frosh	TBD
Thurs-Mon	12/26-30/19	TBD	Century Tourney	V	TBD
Friday	1/3/20	Monrovia	Monrovia	Fr/JV/Var	3/4:30/6
Sat	1/4/2020	Northwood	Northwood	V	TBD

2019-2020 League Schedule

Tues	1/7/2020	Troy	TRHS	Var/Jv	7:30/4:30
Fri	1/10/2020	La Habra	Fullerton	Var/Jv	7:30/4:30
Tues	1/14/2020	Sonora	SOHS	Var/Jv	7:30/4:30
Fri	1/17/2020	Sunny Hills	Sonora HS	Var/JV	7:30/4:30
Tues	1/21/2020	Buena Park	Fullerton	Var/Jv	7:30/4:30
Fri	1/24/2020	Troy	Fullerton	Var/JV	7:30/4:30
Tues	1/28/2020	La Habra	LHHS	Var/Jv	7:30/4:30
Fri	1/31/2020	Sonora	Fullerton	Var/JV	7:30/4:30
Tues	2/4/2020	Sunny Hills	SHHS	Var/Jv	7:30/4:30
Thurs	2/6/2020	Buena Park	BPHS	Var/JV	7:30/4:30
Tues	1/7/2020	Troy	Fullerton	Soph Frosh	6:00/4:30
Fri	1/10/2020	La Habra	LHHS	Soph/Frosh	6:00/4:30
Tues	1/14/2020	Sonora	Fullerton	Soph Frosh	6:00/4:30
Fri	1/17/2020	Sunny Hills	SHHS	Soph/Frosh	6:00/4:30
Tues	1/21/2020	Buena Park	BPHS	Soph Frosh	6:00/4:30
Fri	1/24/2020	Troy	TRHS	Soph/Frosh	6:00/4:30
Tues	1/28/2020	La Habra	Sonora HS	Soph Frosh	6:00/4:30
Fri	1/31/2020	Sonora	SOHS	Soph/Frosh	6:00/4:30
Tues	2/4/2020	Sunny Hills	Sonora HS	Soph Frosh	6:00/4:30
Thurs	2/6/2020	Buena Park	Sonora HS	Soph/Frosh	6:00/4:30